

JULY 2025

Granby Council on Aging Activity Calendar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 10:00 HB& B 1:00 Quilting Group 5:30-7:30 Learn to Quilt	2 9:30 Veteran's Corner 1:00 BINGO	3 10:00 HB & B 12:00 B/P clinic 12:15 Cribbage 12:15 Yarn Arts	4 
7 9-10 Reiki 9:30 Foot Care 10:00 Healthy Bones & Balance 10-12 Homar Gomez Office Hours 12:30 Pitch 1:00 Stamp Collectors	8 9:00 Social Hour with Granby's new Town Administration 10:00 HB& B Luncheon Outing ~ Annie's Country Kitchen	9 10:00 Chair Yoga 1:00 Cross-stitching 12:15 Monthly Book Club	10 10:00 HB & B 12:00 Movie of the month ~ RV	11 10:00 Zumba Gold 12:15 Canasta 12:15 Corn Hole
14 10:00 HB& B 12:15 Open Craft 12:30 Pitch	15 9:30 Newsletter folding 10:00 HB& B Brown Bag 1:00 Quilting Group	16 9:30 COA meeting 1:00 BINGO	17 10:00 HB & B 12:15 Cribbage 12:15 Yarn Arts	18 10:00 Zumba Gold 12:15 Canasta 12:15 Board Game Fun
21 9:30 Foot Care 10:00 HB& B 12:30 Pitch 1:00 Stamps Collectors	22 10:00 HB& B Produce Bag	23 10:00 Chair Yoga 12:00 Delaney Market BBQ No Cross-stitching	24 10:00 HB& B 12:15 <i>Craft with Amy</i>	25 10:00 Zumba Gold 12:15 Canasta 12:15 Corn Hole
28 9-11 Chair Massage 10:00 HB& B 12:15 Open Craft 12:30 Pitch	29 10:00 HB& B	30	31 10:00 HB& B	"Summer: The time when days get longer, & weekends get shorter." ~ Unknown