

SEPTEMBER 2025

Granby COA Activity Calendar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 9-10 Reiki 9:30 Foot Care 10:00 Healthy Bones & Balance 12:30 Pitch 1:00 Stamp Collectors	2 10:00 HB& B -Robbin 11:00-11:30 Chair volleyball 1:00 Quilting Group 3:30-7 Open evening hours 4-5 State Rep. Homar Gomez 5:00-7:00 Learn to Quilt	3 9:30 Veteran's Corner 1:00 BINGO	4 10:00 HB & B -Linda 12:00 B/P clinic 12:15 Cribbage	5 10:00 Zumba Gold 12:15 Canasta
8 10:00 HB& B -Linda & Barb 12:30 Pitch	9 9:00 Social Hour 10:00 HB& B -Robbin 11:00-11:30 Chair volleyball Lunch Outing ~ <i>Kaptain Jimmy's in Agawam</i>	10 9-10 Water aerobics 10:00 Chair Yoga 1:00 Cross-stitching	11 10:00 HB & B -Robbin 12:00 Movie of the month ~ <i>Crossfire Trail</i> 12:15 Cribbage	12 10:00 Zumba Gold 12:15 Canasta 12:15 Corn Hole
15 9:30 Foot Care 10:00 HB& B -Linda & Barb 12:30 Pitch 1:00 Stamps Collectors	16 9:30 Newsletter folding 10:00 HB& B -Robbin Brown Bag 11:00-11:30 Chair volleyball 1:00 Quilting Group	17 9:30 COA meeting 12:00 Birthday Cake 1:00 BINGO	18 10:00 HB & B -Gloria 12:15 Cribbage	19 10:00 Zumba Gold 12:15 Canasta
22 9-11 Chair Massage 10:00 HB& B -Linda & Barb 12:30 Pitch	23 10:00 HB& B -Robbin Produce Bag 11:00-11:30 Chair Volleyball COA lunch	24 10:00 Chair Yoga 1:00 Cross-stitching	25 10:00 HB& B -Linda 12:15 <i>Craft with Amy</i> 12:15 Cribbage	26 9-10 Water aerobics 10:00 Zumba Gold 12:15 Canasta 12:15 Corn Hole
29 10:00 HB& B -Linda & Barb 12:30 Pitch	30 10:00 HB& B -Robbin 11:00-11:30 Chair volleyball		"For one minute, walk outside, stand there, in silence. Look up at the sky & contemplate how amazing life is." Anonymous	