

December 2021

Granby Council on Aging—Activity Calendar

Mon	Tue	Wed	Thu	Fri
		1 10 a.m. Veterans Corner 1 p.m. Fun Cards Group	2 10 a.m. Healthy Bones & Balance 12 p.m. FOGE Pizza Party 11:30 a.m. Senator Lesser Office Hours	3 10 a.m. Easy Country Fitness 1 p.m. Fun Cards Group
6 10 a.m. Healthy Bones & Balance 12:30 p.m. Michigan Rummy	7 9:30 a.m. Coffee & Donut Social with Granby Fire Department 1p.m. Quilting Group	8 10 a.m. Chair Yoga 1 p.m. Fun Cards Group	9 10 a.m. Healthy Bones & Balance 1 p.m. Christmas Tree Craft	10 10 a.m. Easy Country Fitness 1 p.m. Fun Cards Group
13 10 a.m. Healthy Bones & Balance 12:30 p.m. Michigan Rummy Manicures by Appt.	14 9:30 a.m. Stamp Collectors 1 p.m. Holiday Wreath Making 	15 9:30 a.m. Council on Aging Advisory Meeting Selectboard Holiday Drive Thru Meal 1 p.m. Fun Cards Group	16 10 a.m. Healthy Bones & Balance 1 p.m. BINGO	17 10 a.m. Easy Country Fitness 1 p.m. Fun Cards Group
20 10 a.m. Healthy Bones & Balance 12:30 p.m. FOGE Cookie Social Foot Care Clinic by Appt.	21 Brown Bag Day Mobile Food Van 12-2 1 p.m. Quilting Group	22 10 a.m. Chair Yoga 1 p.m. Fun Cards Group	23 10 a.m. Healthy Bones & Balance	24 <p style="text-align: center;">Senior Center Closed</p>
27 10 a.m. Healthy Bones & Balance 12:30 p.m. Michigan Rummy 1 p.m. Adult Color Group	28 9:30 a.m. Stamp Collectors	29 1 p.m. Fun Cards Group	30 10 a.m. Healthy Bones & Balance 12:30 p.m. BINGO & End of year party: 50s theme	31 10 a.m. Easy Country Fitness 1 p.m. Fun Cards Group

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Granby Council on Aging - Lunch Menu

Mon	Tue	Wed	Thu	Fri
	<p>All Meals Served with 1% Milk</p> <p>Catered by West Mass Elder care</p>	<p>1 Lunch Served at 11:30 a.m.</p> <p>Mon. Thu. & Fri.</p>	<p>2</p> <p>NO LUNCH TODAY</p>	<p>3</p> <p>NO LUNCH TODAY</p>
<p>6</p>	<p>7 Please call for reservations at least 24 hours in advance</p> <p>467-3239</p>	<p>8 Suggested, Confidential, Voluntary Donation \$2.25/meal</p>	<p>9</p>	<p>10</p>
<p>13</p>	<p>14</p> <p>NO LUNCH TODAY</p>	<p>15</p> <p>NO LUNCH TODAY</p>	<p>16</p>	<p>17</p>
<p>20</p>	<p>21</p> <p>NO LUNCH TODAY</p>	<p>22</p> <p>NO LUNCH TODAY</p>	<p>23</p>	<p>24</p>
<p>27</p>	<p>28</p> <p>NO LUNCH TODAY</p>	<p>29</p> <p>NO LUNCH TODAY</p>	<p>30</p>	<p>31</p>